

Not just bags, kids heavy too

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According to the World Health Organisation, there are around 400 million obese individuals in India, but the study highlights how children too are faced with the battle of the bulge. Interviewers said the gold standard of BMI (Body Mass Index) used to measure obesity among adults is difficult to apply to children.

"The findings are worrying as nearly 60% of obese children will grow up to become obese adults," said obesity surgeon Ramen Goel from Bombay Hospital who feels the city needs a multi-pronged approach to fighting childhood obesity in terms of government action, interventions in schools and other childhood facilities and regulation of the food industry.

WEIGHTY STATS

12% students of Class VIII to XII in a south Mumbai school were obese

14% students of in 8-14 years age group in a Vashi school were obese

38% of replies revealed gross misconceptions about nutrition

